

ZC 2026: Session: 5: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mullens Jule

Coaches: Simons Vic HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:2, starttime: 10:14	
Heat: 2/8 Lane : 1 Athlete: MÉLARD LEVI				Q-time: 00:44:87	
PB (50m pool): 00:44.87 Antwerpen 15/03/2026				PB (25m pool): 00:45.07 SB: 00:44.87 Antwerpen 15/03/2026	
	5 0 M				
PB	00:44.87				
	00:44.87				
					

Coach feedback:

Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:4, starttime: 10:17	
Heat: 4/8 Lane : 8 Athlete: VANHAEREN RENÉE				Q-time: 00:42:66	
PB (50m pool): 00:42.66 Antwerpen 15/03/2026				PB (25m pool): 00:42.95 SB: 00:42.66 Antwerpen 15/03/2026	
	5 0 M				
PB	00:42.66				
	00:42.66				
					

Coach feedback:

Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:6, starttime: 10:19	
Heat: 6/8 Lane : 4 Athlete: COEMANS KAAAT				Q-time: 00:39:42	
PB (50m pool): 00:40.48 Antwerpen 15/03/2026				PB (25m pool): 00:39.42 SB: 00:40.48 Antwerpen 15/03/2026	
	5 0 M				
PB	00:40.48				
	00:40.48				
					

Coach feedback:

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Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:7, starttime: 10:20	
Heat: 7/8 Lane : 6 Athlete: RIEDL LINDE				Q-time: 00:39:05	
PB (50m pool): 00:39.74 Antwerp 02/02/2025				PB (25m pool): 00:39.05 SB: 00:40.54 Antwerpen 15/03/2026	
	5 0 M				
PB	00:39.74				
	00:39.74				
					

Coach feedback:

Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:8, starttime: 10:22	
Heat: 8/8 Lane : 2 Athlete: COEMANS HANNE				Q-time: 00:37:92	
PB (50m pool): 00:38.31 Antwerpen 14/07/2024				PB (25m pool): 00:37.92 SB: 00:38.62 Antwerpen 15/03/2026	
	5 0 M				
PB	00:38.31				
	00:38.31				
					

Coach feedback:

Event number: 47: 200M BREASTSTROKE WOMEN 15+				Heat:3, starttime: 11:37	
Heat: 3/5 Lane : 5 Athlete: COEMANS KAAT				Q-time: 03:10:49	
PB (50m pool): 03:19.44 Antwerpen 13/07/2025				PB (25m pool): 03:10.49 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.44	01:35.85	02:27.89	03:19.44	
	00:44.44	00:51.41	00:52.04	00:51.55	
					

Coach feedback:

Event number: 47: 200M BREASTSTROKE WOMEN 15+				Heat:4, starttime: 11:41	
Heat: 4/5 Lane : 1 Athlete: JANSSEN LORE				Q-time: 03:07:31	
PB (50m pool): 03:07.31 SportinGenk Park 24/05/2026				PB (25m pool): 02:57.86 SB: 03:07.31 SportinGenk Park 24/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.13	01:29.80	02:19.36	03:07.31	
	00:42.13	00:47.67	00:49.56	00:47.95	
					

Coach feedback:

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Event number: 47: 200M BREASTSTROKE WOMEN 15+					Heat:4, starttime: 11:41
Heat: 4/5 Lane : 4 Athlete: RIEDL LINDE					Q-time: 03:05:20
PB (50m pool): 03:10.41 Antwerpen 13/07/2025					PB (25m pool): 03:05.20 SB: 03:17.89 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.35	01:32.80	02:22.76	03:10.41	
	00:43.35	00:49.45	00:49.96	00:47.65	
					

Coach feedback:

Event number: 47: 200M BREASTSTROKE WOMEN 15+					Heat:4, starttime: 11:41
Heat: 4/5 Lane : 6 Athlete: COEMANS HANNE					Q-time: 03:06:19
PB (50m pool): 03:11.21 Antwerpen 13/07/2025					PB (25m pool): 03:06.19 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.27	01:31.76	02:21.50	03:11.21	
	00:43.27	00:48.49	00:49.74	00:49.71	
					

Coach feedback: